**Nutrition**

**Health Promotion**

**Rec Social in Site Activity**

**Counseling**

  
 TERRIFIC, Inc

|  |  |  |  |  |  |
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| FORT STEVENS REC CENTER SEPTEMBER 2022 ACTIVITY CALENDAR | | | | | |
|  | **MONDAY** | **TUESDAY** | **WEDENSDAY** | **THURSDAY** | **FRIDAY** |
|  |  | See the source image |  | **1** **10:00am Welcome**  **Health Promotion**  **11:00am Enrichment Activity**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **2**  **10:00am Welcome**  **Health Promotion**  **11:00am Arts & Crafts**  **12:00pm Lunch**  **1:00pm Terrific Taste** |
|  | **5**  **Labor Day** | **6**  **10:00am Welcome**  **Health Promotion**  **11:00am Arts & Crafts**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **7**  **10:00am Welcome**  **Health Promotion**  **Games with Dennis (Virtual)**  **11:00am Trivia**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **8**  **10:00am Welcome**  **Health Promotion**  **11:00am Brain Teasers**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **9**  **10:00am Welcome**  **Health Promotion**  **11:00am Commonyms**  **12:00pm Lunch**  **1:00pm Terrific Taste** |
|  | **12**  **10:00am Welcome**  **Health Promotion**  **10:00am Life Skills and Conflict Resolution Training**  **Games with Dennis (Virtual)**  **11:00am Commonyms**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **13**  **10:00am Welcome**  **10:30am Senior Patrol Presentation**  **Health Promotion**  **11:00am Brain Teasers**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **14**  **10:00am Welcome**  **Health Promotion**  **Games with Dennis (Virtual)**  **11:00am Music Appreciation**  **Tech Training w/ Jon**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **15**  **10:00am Welcome**  **Health Promotion**  **11:00am Enrichment Activity**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **16**  **10:00am Welcome**  **Health Promotion**  **11:00am Arts & Crafts**  **12:00pm Lunch**  **1:00pm Terrific Taste** |
|  | **19**  **10:00am Welcome**  **Health Promotion**  **10:00am Life Skills and Conflict Resolution Training**  **Games with Dennis (Virtual)**  **11:00am Mindfulness**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **20**  **10:00am Welcome**  **Health Promotion**  **11:00am Word Search**  **Brain Games Day**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **21**  **10:00am Welcome**  **Health Promotion**  **Games with Dennis (Virtual)**  **11:00am Arts & Crafts**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **22**  **10:00am Welcome**  **Health Promotion**  **11:00am Enrichment Activity**  **12:00pm Lunch**  **1:00pm Terrific Taste**  **Falls Prevention Awareness Day** | **23**  **10:00am Welcome**  **Health Promotion**  **10:30am Agora Market Place Bazaar**  **10:00am Agora Market Place Bazaar**  **11:00am Commonyms**  **12:00pm Lunch**  **1:00pm Terrific Taste** |
|  | **26**  **10:00am Welcome**  **Health Promotion**  **11:00am Arts & Crafts**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **27**  **10:00am Welcome**  **Health Promotion**  **11:00am Dancing with the Senior Stars Showcase**  **11:00am Music Appreciation**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **28**  **10:00am Welcome**  **Health Promotion**  **Games with Dennis (Virtual)**  **11:00am Chat and Chew**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **29**  **10:00am Welcome**  **Health Promotion**  **11:00am Trivia**  **12:00pm Lunch**  **1:00pm Terrific Taste** | **30**  **10:00am Welcome**  **Health Promotion**  **11:00am Commonyms**  **12:00pm Lunch**  **1:00pm Terrific Taste** |

**Events in August: National Food Safety Education Month/Falls Prevention Awareness Week/Healthy Aging Month** C:\Users\Talfzzy\Downloads\DACL - Horizontal Final-1a 2.png